



EAGLE'S LANDING

CHRISTIAN ACADEMY

ATHLETIC DEPARTMENT

Athletic Department Injury Policy

According to Georgia Code 43-5-1, an Athletic Trainer is a person with specific qualifications, as set forth in Code Sections 43-5-7 and 43-5-8 who, upon the advice and consent of a physician, carries out the practice of prevention, recognition, evaluation, management, disposition, treatment, or rehabilitation of athletic injuries; and, in carrying out these functions, the athletic trainer is authorized to use physical modalities, such as heat, light, sound, cold, electricity, or mechanical devices related to prevention, recognition, evaluation, management, disposition, rehabilitation, and treatment.

The primary responsibilities of the Athletic Trainer (ATC) include injury prevention, recognition and evaluation of injuries, immediate care and treatment, rehabilitation, and administration duties. The ATC is present at school every day. He covers all home contests for middle and high schools, as well as all practices and some away games. He stays at school until the end of the last practice or contest of the day. Even though the majority of the injury evaluations and treatments take place after school hours, the ATC is available during school hours to evaluate injuries and perform rehabilitation programs. The following section provides the general guidelines put in place by the ELCA Athletic Department for handling athletic-related injuries.

When an athlete is injured on campus, the coach sends him to the ATC to have his injury evaluated. If the ATC is at the scene when the injury occurs, the evaluation of the athlete will take place there. When the evaluation is completed, an explanation will be given to the athlete regarding the immediate treatment as well as the next course of action to be taken; i.e. begin a rehabilitation program, follow up with a doctor, etc. The coach is then informed of the injury as well as the treatment plan. The ATC will also get in touch with the parent to explain what happened and what the next step needs to be either in person, by phone, or by email. Depending on the extent of the injury, the ATC will assist the parent in scheduling a doctor's appointment. After the doctor's visit, it is the responsibility of the parent and the athlete to bring a note from the doctor stating his diagnosis of the injury as well as the plan of care. In addition, when an athlete is injured during either practice or a game and the ATC is not present, the coach will inform him of the incident and the care that was provided so the injury can be documented, and a follow up with the parent, student, doctor, and coach is made to provide the best possible care and return the athlete to play as soon as possible. If your child goes to see a doctor, then he needs to bring a note to the ATC and the coach stating he is cleared to play. When a doctor removes an athlete from competition, he will not be allowed to return to competition until the ATC has a note in hand stating the doctor has cleared him.

The Georgia State Law listed above mandates that an Athletic Trainer works under the supervision of a Physician. Our team doctor is Dr. Daniel Orcutt, MD, an Orthopaedic Surgeon from OrthoAtlanta. For the last 2 years, Dr. Orcutt has provided coverage for our Varsity Football games, evaluates our athletes in the office, and performs surgery when necessary. Dr. Orcutt will coordinate a time to see the athlete as soon as possible after the injury. He will also contact the ATC once he has seen an athlete from ELCA and informing him of the extent of the injury as well as the treatment protocol to follow. OrthoAtlanta is located at 915 Eagles Landing Pkwy. Stockbridge, GA, 30281 and the phone number is 770-506-4350.